

SSWA EXECUTIVE CONFERENCE 2019

THE **Spa** AT *Sea Island*[®]



SELECT ONE OF THE FOLLOWING:

Massages:

Heavy Hitter (Deep Tissue) (60 min)..... for those that don't like to tiptoe around, this concentrated therapy is designed to relieve severe tension in muscles and connective tissue using a deep pressure technique

Southern Comfort (Tailored Swedish) (60 min)..... like the bartender who knows your drink without asking, this experience focuses on personal touch; the therapist will consult with you to determine the specific areas of focus, as well as light to medium pressure

A Touch of Bali (60 min)..... Balinese-influenced massage; the perfect treatment to regain harmony between body and mind

All But the Body (60 min)..... massage of head, hands, and feet only

Facial Treatment:

HydraFacial MD[®]30 (60 min) patented VortexFusion system is a corrective treatment ideal for all skin types; using peptides and hyaluronic acid, this hydro-dermabrasion service cleanses, exfoliates, extracts, and hydrates, delivering instant results

Save Face (60 min) this customized facial treats your skin at its deepest level, restoring a healthy, luminous balance; whatever you'd like to focus on — from sensitive skin, purifying, anti-aging, to hydrating — the treatment is created to match

Handsome, Not Rugged (60 min) deeply replenishing men's facial

Fitness:

Personal/Private Training & Nutrition (60 min) Sea Island has Certified Personal Trainers able to deliver on every need, no matter age or ability

Cryotherapy (3 min) whole body Cryotherapy is a short three-minute application of cold air designed to reduce inflammation within the body — whether you have a previous injury or need assistance with your recovery post-exercise; this therapy could be a game-changer for getting you on track

Hands/Feet:

Gel-Laxing Mani & Paddleboard Pedi (90 min) gel polish manicure and pedicure

Sole Soother (60 min) reflexology

*NOTE: Limited Availability on some Treatments — Get your Reservation in Early!!
— 24 hour no change or cancellation policy —*

PLEASE CALL THE SPA DIRECTLY TO SCHEDULE (REF: SSWA CONFERENCE)
844-229-9526 • CONSULTANTS AVAILABLE DAILY 8AM-6PM EST